

NVADG WATER RESCUE TEAM ANNUAL SKILLS REVIEW

NAME _____

DATE _____

MINIMUM SKILLS	PASSED	NEEDS IMPROVEMENT	FAILED
KNOTS			
Figure 8 Stopper			
Figure 8 on a Bight			
Figure 8 Follow Through			
Tensionless Hitch			
Water Knot with Webbing			
Prusik			
ANCHOR SYSTEMS			
Wrap 3 Pull 2			
3-Bight and Single Bight			
MECHANICAL ADVANTAGE			
Set up a 3:1 System			
Perform a Vector Pull			
RESCUE BOATS			
Install Outboard Motor & Fuel			
Explain Starting Procedure			
Adjust Tilt and Trim of Motor			
Install Electric Trolling Motor			
Explain Operation of Trolling Motor			
SWIFTWATER SKILLS			
Explain Whistle Commands			
Explain Swimming Ferry Angle			
Explain River Crossing Options			
Explain Combat Swimming Techniques			
Explain Tethered Swimmer Operation			
Explain 5 Options of Rescue Hierarchy			
Perform Throw Bag Skills			